

Dish

September 2021

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Farmer's Market

100% Organic Pumpkin,
Pumpkin Pie Mix
or Sweet Potato Puree

15 OZ

While Supplies Last

2/\$4 

Chai Pumpkin Bread

1 1/2 cups all-purpose flour
1 teaspoon baking soda
1/2 teaspoon fine salt
1 teaspoon ground ginger
1 teaspoon ground cinnamon
1/2 teaspoon ground nutmeg
1/4 teaspoon ground cloves
1/4 teaspoon ground cardamom

1 pinch cracked black pepper
1 cup farmer's market organic pumpkin purée
1 cup light brown sugar packed
1/2 cup vegetable oil
2 large eggs whisked
1 teaspoon pure vanilla extract
2 tablespoons greek-yogurt plain or vanilla
Pumpkin seeds for sprinkling

Preheat the oven to 350(f) degrees. Grease & line a standard loaf pan. In a large mixing bowl sift together the flour, baking soda, salt, ginger, nutmeg, cloves, cardamom & black pepper. In a separate large mixing bowl whisk together the pumpkin, brown sugar, oil, eggs, vanilla & yogurt. Add the dry ingredients to the wet ingredients & beat until smooth, about 60 seconds. Transfer to the prepared loaf pan & sprinkle with pumpkin seeds. Bake for 35 to 45 minutes, until the top bounces back to touch. Let cool completely before slicing.

farmersmarketfoods.com

Sweet Chaos

Drizzled Popcorn
5.5 OZ
Select Varieties
While Supplies Last

2/\$7



Kii Naturals

Crisps
5.3 OZ
Select Varieties
While Supplies Last

2/\$6



Perfect Bar

Organic
Pumpkin Pie Bar
2.2 OZ
While Supplies Last

2/\$4



Cucina Antica

Pasta Sauce
25 OZ
Select Varieties
While Supplies Last

\$5.49



Authentically *Italian.*

Authentically
Homemade Flavor.



Cucina Antica



Bixby & Co.

Pumpkin
Caramels
3.5 OZ

While Supplies Last

\$3.99

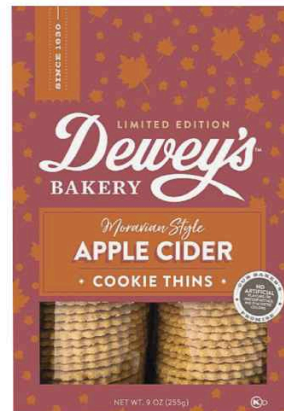


Eating Evolved

Pumpkin Spice
Coconut Butter Cups
4.93 OZ

While Supplies Last

\$9.99



Dewey's Bakery

Cookie Thins

9 OZ

Select Varieties

While Supplies Last



\$3.99



Saco Foods

Pretzel Decorating Kit

17.5 OZ

While Supplies Last

\$7.99



Made with natural ingredients, no high fructose corn syrup, no additives or preservatives.



Bonne Maman

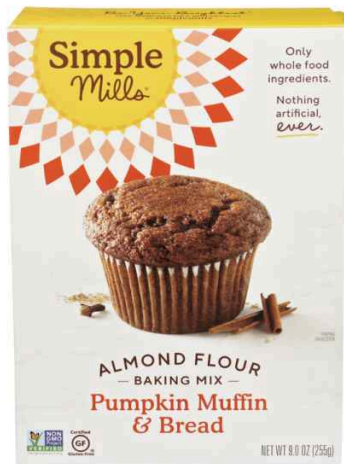
Preserves

13 OZ

Select Varieties

\$3.99

Bonne Maman



Simple Mills

Almond Flour
Baking Mix
Pumpkin Muffin
9 OZ

While Supplies Last

\$7.99



Califia Farms

Cold Brew Coffee with
Almond Milk
Pumpkin
Spice Latte
48 FL OZ

While Supplies Last

\$5.49



R.W. Knudsen

Cider & Spice
Apple Juice
96 FL OZ

While Supplies Last

\$6.99



R.W. Knudsen

Sparkling
Apple Juice
25.4 FL OZ

Select Varieties
While Supplies Last

2/\$7



Nutpods

Unsweetened
Pumpkin Spice
Creamers
16 FL OZ

While Supplies Last

2/\$7



Bonne Maman

Pumpkin Spice Spread
13 OZ
While Supplies Last

\$4.99

Bonne Maman Pumpkin Spice Spread Waffles

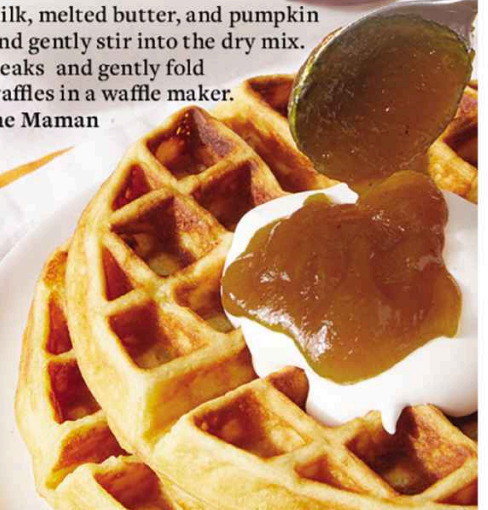
INGREDIENTS:

2 cups sifted all purpose flour 4 eggs, separated
4 tsp. baking powder 1 cup melted butter
1 tsp. salt ¼ cup Bonne Maman Pumpkin
2 cups whole milk Spice Spread

DIRECTIONS:

Stir together dry ingredients in a medium sized bowl.
Stir together egg yolks, milk, melted butter, and pumpkin
spread in a second bowl and gently stir into the dry mix.
Whip egg whites to stiff peaks and gently fold
into the batter. Prepare waffles in a waffle maker.
Top with a dollop of Bonne Maman
Pumpkin Spice Spread.

For more delicious
recipes, visit
www.bonnemaman.us





Dickinson
Pumpkin or
Apple Butter
9 OZ
While Supplies Last
\$2.99

Easy Pumpkin Pancakes

1 1/2 cups complete buttermilk pancake & waffle mix
1 cup milk
3 tablespoons oil
2 large eggs
1/3 cup Dickinson's Country Pumpkin Butter
1/2 teaspoon ground cinnamon
1 tablespoon vanilla extract
no-stick cooking spray
breakfast syrup

Heat griddle. Stir pancake mix, oil, water and eggs until just blended. Stir in pumpkin butter, cinnamon and vanilla. Spray griddle with no-stick cooking spray. Pour 1/4 cup batter onto griddle. Turn when bubbles form on top; cook until second side is golden brown. Remove from griddle and serve with warm syrup.

www.dickinsonsfamily.com



Kitu

Maple Pumpkin
Super Coffee
12 FL OZ
While Supplies Last

2/\$5



Kitu

Maple Pumpkin
Super Creamer
25.4 FL OZ
While Supplies Last

\$4.49



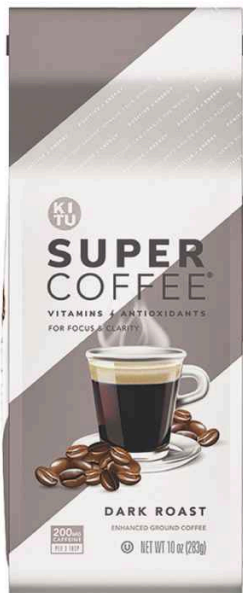
SUPER COFFEE®



Kitu

Super Creamer
25.4 FL OZ
Select Varieties

\$4.99



Kitu

Super Ground Coffee
10 OZ
Select Varieties

\$6.99



Kitu

K-Cups
3.59 to 3.63 OZ
Select Varieties

\$6.99



Kitu only uses ingredients that are great-tasting, great-for-you, and sustain you for the long haul. Nothing shady. No added sugar. Only positives.



Ham, Smoked Gouda & Fig Preserves Sandwich

2 slices Schär Artisan Baker White Bread
a little bit of butter at room temperature
1-2 slices gouda cheese
3 slices deli ham
a little bit of fig preserves

Butter one side of each slice of bread. On one piece of bread, place the slices of gouda cheese on the non buttered side of the bread. On the other slice of bread, spread a good amount of the fig preserves on the non buttered side of the bread. Layer the ham slices onto the slice of bread with the fig preserves and put both slices together to form your sandwich. In a medium sized skillet on medium high heat, grill the sandwich for a few minutes each side until golden brown and the cheese is as melty as desired. (about 2-3 minutes each side) Once grilled to desired doneness, slice in half and serve immediately.

www.schaer.com



Schar

Bread
14.1 OZ
Select Varieties

\$5.49

Crofter's

Organic Premium Spread
16.5 OZ
Select Varieties

\$4.99

NEW 



Medlee Seasoned Butter

Farmhouse Butter
16 OZ
Select Varieties

\$5.29



Bee Harmony

Honey
12 OZ
Select Varieties

\$8.99





Once Again

Organic
Peanut Butter
16 OZ
Select Varieties

\$6.99





Once Again

Creamy
Almond Butter
16 OZ

\$10.99





Malk

Almond Malk
32 OZ
Select Varieties

\$5.49



Cheribundi

Juice
32 FL OZ
Select Varieties

\$7.49



Death Wish Coffee

Ground Coffee
16 OZ
Select Varieties

\$17.99



Aura Bora

Sparkling Water
12 FL OZ
Select Varieties

2/\$3



Sunshine

Soda
12 FL OZ
Select Varieties

3/\$5



Cocktail Crate

Craft Mixers
12.7 FL OZ
Select Varieties

\$5.99



MILK, MEET YOUR MATCH.

FINALLY A PLANT-BASED MILK THAT TASTES LIKE MILK

NO LACTOSE

NON-GMO

NO GLUTEN



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Selected Varieties

\$3.99

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Country Archer

Jerky
2.5 OZ
Select Varieties

\$4.49



Country Archer

Mini Beef Sticks
4 OZ

\$6.49



Kalahari Biltong

Air Dried Beef
2 OZ
Select Varieties

\$5.49



GimMe Seaweed Snacks

Organic Seaweed Snack
.17 OZ
Select Varieties

10/\$10



Hippeas

Chickpea Puffs
4 OZ
Select Varieties

2/\$6



From The Ground Up

Cauliflower Stalks
4 OZ
Select Varieties

2/\$7



Mary's Gone Crackers

Organic Crackers
6.5 OZ
Select Varieties

\$4.99



Seapoint Farms

Dry Roasted Edamame
3.5 to 4 OZ
Select Varieties

2/\$4



Love Good Fats

Plant Based Bar
1.38 OZ
Select Varieties

2/\$3



Tcho Chocolate

Chocolate Bar
2.5 OZ
Select Varieties

2/\$6





Gaea

Organic Olives
4.9 to 5.6 OZ
Select Varieties

 **\$3.99**



YeeHaw Pickle

Pickles
24 OZ
Select Varieties

\$6.49



Kuhne

German Barrel
Sauerkraut
28.5 OZ

\$3.99



Kuhne

Salata Vinegar
25.3 FL OZ

\$4.49



The smooth mild taste of
Terra Delyssa Extra Virgin
Olive Oil doesn't overpower the
other ingredients in your
recipes, making it perfect for
everyday cooking.



Terra Delyssa

Extra Virgin
Olive Oil
34 FL OZ

\$9.99





La Famiglia Del Grosso

Pasta Sauce
26 OZ
Select Varieties

\$4.99



De Cecco

Organic Pasta
12 OZ
Select Varieties

2/\$5

organic



La Famiglia Del Grosso

Old Style
Pizza Sauce
13.5 OZ

\$3.49



De Cecco

Pasta
16 OZ
Select Varieties

2/\$5



Mezzetta

Marinara
Pasta Sauce
25 OZ

\$3.99



Seapoint Farms

Organic
Edamame Pasta
7.05 OZ
Select Varieties

\$2.99

organic





Brazi Bites

Cheese Bread
11.5 OZ
Select Varieties

\$5.49



Brazi Bites

Empanadas
10 OZ
Select Varieties

\$5.49



Casa Mexicana

Seasoning Mix
1 OZ
Select Varieties

2/\$3



Casa Mexicana

Rice Mix
8 OZ
Select Varieties

\$2.99



Tasty Bite

Organic Heat & Eat Rice Pouch
8.8 OZ
Select Varieties

2/\$4

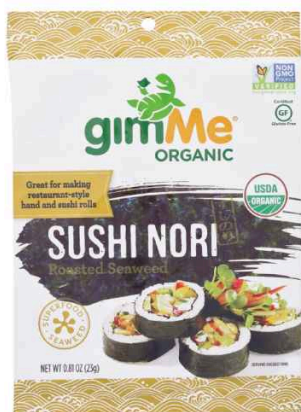
organic



Ralston Family Farms

Rice
24 OZ
Select Varieties

\$3.99



Gimme

Seaweed Snacks

100% Organic
Roasted Seaweed
Sushi Nori
.81 OZ

2/\$7

organic





Vigo
Yellow Rice
16 OZ

2/\$5



Vigo
Yellow Rice
with Saffron
2 LB

\$4.99

Yellow Rice and Smoked Sausage

8 ounces smoked sausage, sliced in 1/4" rounds
2 tablespoons Vigo Extra Virgin Olive Oil
8 oz. pkg Vigo Yellow Rice
add green peas, cooked
Vigo Roasted Red Peppers, sliced

Bring 2 cups (16 oz.) water to a boil in a saucepan with a tight-fitting lid. Add olive oil, 1 package Vigo Yellow Rice and sliced smoked sausage. Stir for one minute, cover, reduce heat to simmer and cook undisturbed for 22 to 25 minutes. Garnish with peas and Vigo Roasted Red Peppers.

vigofoods.com





CARBONA
LIFE UNSTAINED™



Carbona

Color Grabber
30 CT

2/\$7

Carbona Color Grabber protects laundry from color runs or bleeds. By absorbing loose dyes in the water, Color Grabber does more than maintain your laundry's true hues – it lets you wash mixed colors with confidence. Use in front-or top-load washing machines.



Beekeepers Naturals

B. Soothed Lozenges

1.76 OZ

Select Varieties

Select Stores

NEW

\$8.49



Beekeepers Naturals

Throat Spray

1.06 FL OZ

Select Varieties

Select Stores

NEW

\$9.99

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