Sunshine Salad

1 head Romaine lettuce
1 purple onion, thinly sliced
11 oz. Mandarin oranges
1/2 cup walnut pieces
1 cup Brianna's Organic Real French Vinaigrette Dressing

In large bowl, tear lettuce; refrigerate. Drain and refrigerate Mandarin oranges. Sauté walnut pieces in a little butter, then salt them and place on paper towel. Just before serving, toss all ingredients together (don’t forget the onion!) and serve on chilled plates.

www.briannas.com

Brianna's
Organic Salad Dressing
10 FL OZ
Selected Varieties

$4.49
open up the grill and stock up on your favorite summertime flavors

**Drew's Organics**
- Rosemary Balsamic
- Creamy Ranch
- Dressing
- 12 FL OZ
- Selected Varieties
- 2/$7

**Kuhne**
- Salata Vinegar
- 25.3 FL OZ
- $4.99

**Red Fork**
- Pulled Pork Slow Cook Sauce
- Chicken Roasting Sauce
- Seasoning Sauce
- 8 OZ
- Selected Varieties
- 2/$4

**Melinda’s**
- Hot or Wing Sauce
- Ghost Pepper Wing Sauce
- Haranero Wing Sauce
- 12 OZ
- Selected Varieties
- 2/$5

**Cholula**
- Hot Sauce
- 5 FL OZ
- Selected Varieties
- 2/$6
Coffee Creamer
12 FL OZ
Selected Varieties

Pancake Syrup
12 FL OZ

Dressing
12 FL OZ
Selected Varieties

Miracle Mayo
12 OZ
$3.99

Dr. Praeger’s Veggie Burgers
10 OZ
Selected Varieties
$4.99

Santa Fe Quesadillas
2 Dr. Praeger’s California Veggie Burgers
4 medium flour tortillas
½ tbsp butter (or coconut oil)
1 cup corn

½ cup mixed hot peppers (diced finely)
1 cup cotija cheese
½ cup cilantro

Preheat a non-stick pan over medium heat. Cook burgers approximately 7 minutes until browned. Carefully flip and cook an additional 5 minutes until heated through and well browned. Transfer to cutting board and roughly chop each burger into 4 to 6 pieces. Wipe down skillet and return to the stovetop. Assemble quesadilla with a tortilla, cheese, peppers, corn, veggie burger pieces, and a second tortilla. Add butter to the skillet and fry the quesadilla 4 to 5 minutes on each side until tortillas are browned and slightly crispy. Slice in half, top with cilantro and serve!
dpraegers.com
Allegro Burgers

1-1/4 lbs ground beef or venison
2 Tbsp minced onion
1/4 Tbsp coarse ground pepper
2 Tbsp Allegro Original Marinade

Mix all ingredients well. Shape into 4 patties and grill, broil, or pan fry.

allegromarinade.com
Mrs. Renfro's
Salsa
16 OZ
Selected Varieties
2/$7

Mi Nina
Corn Tortilla Chips
12 OZ
Selected Varieties
$3.99
Select Stores

Clint's Salsa
Salsa
16 OZ
Selected Varieties
$3.99

FIESTA DE CINCO DE MAYO

Casa Mexicana
Seasoning Mix
1 OZ
Selected Varieties
3/$5

Garden Of Eatin'
Corn Taco Shells
5.5 OZ
Selected Varieties
$3.79

Desert Pepper
Salsa
16 OZ
Selected Varieties
2/$5

Bravado Spice Co
Hot Sauce
5 FL OZ
Selected Varieties
$4.99

On-Time Mixers
Cocktail Mixer
32 FL OZ
Selected Varieties
$5.99

Jose Cuervo
Margarita Mix
59.2 FL OZ
Selected Varieties
$6.99

Bravado Spice Co
Pineapple & Jalapeño Margarita Mix
32 FL OZ
$11.99
Siete
Taco Seasoning
1.31 OZ
Selected Varieties
$2.29

Siete
Tortilla Chips
5 OZ
Selected Varieties
$4.49

Siete
Cassava Flour
Grain Free
Tortillas
7 OZ
$8.49

Siete
Hot Sauce
5 OZ
Selected Varieties
$4.99

Siete
Grain Free
Taco Shells
5.5 OZ
$5.49
Sesmark Foods
Rice Thins
3.2 to 7 OZ
Selected Varieties
2/$5

Dare
Cracker
7 to 8.8 OZ
Selected Varieties
2/$4

Gimme Organics
Organic Seaweed Snack
.17 OZ
Selected Varieties
10/$10

Artisan Tropic
Plantain Strips
Sea Salt
4.5 OZ
2/$6

Vermont
Smoke And Cure
Meat Stick
1 OZ
Selected Varieties
5/$5

The Daily Crave
Lentil Chips
4.25 OZ
Selected Varieties
2/$4

Mrs. Wages
Mixes
.8 to 1.5 OZ
Selected Varieties
10/$10
**Tcho Chocolate Bar**
Organic Chocolate Bar 2.5 OZ
Selected Varieties
$2.99

**Pitaya**
Fruit Bite Size Pieces
12 OZ
Selected varieties
2/$7

**Popcornopolis**
Flavored Popcorn
6.3OZ
Selected Varieties
$4.99

**No Bake Cookie Co.**
Oatmeal Cookies
7 OZ
Selected Varieties
$4.99

**Midel**
Ginger Snaps
8 to 10 OZ
Selected Varieties
2/$7

**Midel**
Gluten Free Pie Crust
Graham Style
7.1 OZ
2/$7
Cheribundi Juice
32 FL OZ
Selected Varieties
$7.49

Kitu
Super Coffee
12 FL OZ
Selected Varieties
Select Stores
BOGO
Buy One Get One Free
Illy
Coffee
8.8 OZ
Selected Varieties
$10.99

Ripple Dairy-Free Milk
48 FL OZ
Selected Varieties
$3.99

Laird Superfood Creamer
16 FL OZ
Selected Varieties
$3.99

Topo Chico Mineral Water
12/12 FL OZ
$10.99

Topo Chico Sparkling Mineral Water
4/12 FL OZ
2/$7

Topo Chico Sparkling Mineral Water
12 FL OZ
4/$5
**Gomacro**
Organic MacroBar
2.3 to 2.5 OZ
Selected Varieties
2/$5

**Gomacro**
Macobar
Kids Macrobars
6.3 OZ
$6.99

**Purely Elizabeth**
Ancient Grain Granola
8 to 12 OZ
Selected Varieties
$5.99

**Kate's Real Food**
Organic Grizzly Bar
2.2 OZ
Selected Varieties
3/$5

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### Rachel’s Blueberry Banana Overnight Oats

1 bag of Rachel’s Original Oats
1 carton of vanilla almond milk
1 handful of blueberries
1 banana sliced
1 mason jar with Lid (or resealable container)

Measure 1/2 cup Rachel’s Original Oats. Add 3/4 cup vanilla almond milk. Stir to blend the oats and almond milk, then close lid. Soak in the refrigerator overnight. Top in the morning with a layer of blueberries + banana slices.

**Rachel’s Oats**
8 OZ
Selected Varieties
$4.99
Rao's
Soup
16 OZ
Selected Varieties
2/$7

Rao's
Roasted Peppers
12 OZ
$6.99

Rao's
Pasta Sauce
32 OZ
Selected Varieties
$8.99

Lonolife
Bone Broth Sticks
4/.53 to 4/.67 OZ
$5.49

SPRING OUT OF WINTER
WITH GRASS FED
BONE BROTH

POUR

STIR

ENJOY

TASTE MORE OF LIFE
**Cucina Antica**
Pasta Sauce
32 FL OZ
$6.99
Selected Varieties

**Holista**
Healthy Low Glycemic Pasta
14 OZ
Selected Varieties

**De Cecco Pasta**
Gnocchi
17.5 OZ
Selected Varieties
2/$7

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**Kuhne**
German Barrel Sauerkraut
28.5 OZ
$3.99

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Made from organic corn, brown rice, and quinoa is 100% compromise free.

**Ancient Harvest**
Organic Gluten Free Quinoa Supergrain Pasta
8 to 9.6 OZ
Selected Varieties
2/$5
MADE BY A MOM
with 5g Healthy Fats per serving for growing and developing babies & toddlers

Serenity Kids
Toddler Purees with Bone Broth are a great source of vitamins, antioxidants, and minerals. These rich and complex flavors taste great to toddlers and set them up for a lifetime of healthier eating.

ETHICALLY SOURCED MEATS
with 5g of Protein

ORGANIC SAVORY VEGETABLES

CONVENIENT BABY FOOD POUCHES MADE FROM INGREDIENTS YOU CAN TRUST
The ONLY low in sugar baby food brand with healthy fats. Delicious savory flavors that you can feel good about. 100% Certified Organic veggies.

www.myserenitykids.com || @myserenitykids

Serenity Kids
Veggie Pouch 3.5 OZ Selected Varieties 2/$4
Serenity Kids
Meat Pouch 3.5 OZ Selected Varieties 2/$6
Paleo Powder
Seasoning
2 to 3 OZ
Selected Varieties
$5.49

San Francisco Salt Co.
Sea Salt
4 to 5 OZ
Selected Varieties
2/$7

Cappello’s
Pizza
11 to 12 OZ
Selected Varieties
$8.99

Cappello’s is not just making the first-ever almond flour pizza and pasta. They’re making them a thing. An uncompromisingly delicious grain free thing.

Cappello’s Naked Pizza Crust
6 OZ
$6.99

Roasted Corn, Zucchini, & Tomato Pizza
1 Cappello’s Naked Crust
¼ cup grated Parmesan cheese
1/2 zucchini, thinly sliced
1/2 small yellow squash, thinly sliced
3 tablespoons fresh corn kernels
6 cherry tomatoes
2 ounces fresh mozzarella, sliced
1 tablespoon extra-virgin olive oil
sea salt
freshly ground black pepper
optional: fresh basil, red pepper flakes, microgreens

Preheat oven to 425°. Sprinkle Parmesan over the base of the crust. Top with sliced zucchini and squash, corn, cherry tomatoes, and mozzarella. Drizzle pizza with olive oil, and sprinkle with salt and pepper. Bake 14-16 minutes, or until crust is golden and crispy. Remove from oven and garnish with fresh basil, red pepper flakes, and microgreens, as desired.
cappellos.com

Natierra
Pink Salt Grinder
3 OZ
$4.99

Natierra
Himalania
Pink Salt Flakes
4 OZ
$8.99

Natierra
Pink Salt
Fine
10 OZ
$9.99
WE ARE ALL-ONE!

DR. BRONNER’S IS FAIR TRADE & ECOLOGICAL FOR HUMAN & EARTH!

TO MAKE THE HIGHEST QUALITY, most environmentally-sound, humanely-produced products, using profits to enrich people’s lives & the world: this is why Dr. Bronner’s exists. We call it Constructive Capitalism—sharing our wealth with the people & earth that created it. For we are All-One or None! All-One!

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**Dr. Bronner’s**

- **All-One Toothpaste**
  - 5 OZ
  - Selected Varieties
  - $4.49

- **Organic Shaving Gel**
  - 7 OZ
  - Selected Varieties
  - $6.99

- **Castile Liquid Soap**
  - 32 FL OZ
  - Selected Varieties
  - $12.99

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