

Dish

May 2021

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Sunshine Salad

1 head Romaine lettuce
1 purple onion, thinly sliced
11 oz. Mandarin oranges
1/2 cup walnut pieces
1 cup Brianna's Organic
Real French Vinaigrette Dressing

In large bowl, tear lettuce; refrigerate. Drain and refrigerate Mandarin oranges. Sauté walnut pieces in a little butter, then salt them and place on paper towel. Just before serving, toss all ingredients together (don't forget the onion!) and serve on chilled plates.

www.briannas.com



Brianna's
Organic
Salad Dressing
10 FL OZ
Selected Varieties

\$4.49



**Drew's
Organics**
Dressing
12 FL OZ
Selected Varieties

2/\$7



Kuhne
Salata Vinegar
25.3 FL OZ

\$4.99

**open up the grill and stock up on
your favorite summertime flavors**



Red Fork
Seasoning Sauce
8 OZ
Selected Varieties

2/\$4



Melinda's
Hot or
Wing Sauce
12 OZ
Selected Varieties

2/\$5



Cholula
Hot Sauce
5 FL OZ
Selected Varieties

2/\$6



Coffee Creamer
12 FL OZ
Selected Varieties

Pancake Syrup
12 FL OZ



Dressing
12 FL OZ
Selected Varieties

Miracle Mayo
12 OZ

\$3.99



Dr. Praeger's
Veggie Burgers
10 OZ
Selected Varieties

\$4.99



Santa Fe Quesadillas

2 Dr. Praeger's California Veggie Burgers
4 medium flour tortillas
½ tsp butter (or coconut oil)
1 cup corn

½ cup mixed hot peppers (diced finely)
1 cup cotija cheese
½ cup cilantro

Preheat a non-stick pan over medium heat. Cook burgers approximately 7 minutes until browned. Carefully flip and cook an additional 5 minutes until heated through and well browned. Transfer to cutting board and roughly chop each burger into 4 to 6 pieces. Wipe down skillet and return to the stovetop. Assemble quesadilla with a tortilla, cheese, peppers, corn, veggie burger pieces, and a second tortilla. Add butter to the skillet and fry the quesadilla 4 to 5 minutes on each side until tortillas are browned and slightly crispy. Slice in half, top with cilantro and serve!
drpraegers.com

ALLEGRO®

Allegro
Marinade
12.7 FL OZ
Selected Varieties

2/\$6



Allegro Burgers

1-1/4 lbs ground beef or venison
2 Tbsp minced onion
1/4 Tbsp coarse ground pepper
2 Tbsp Allegro Original Marinade

Mix all ingredients well. Shape into
4 patties and grill, broil, or pan fry.
allegromarinade.com



Be the master of your cooking domain with Allegro marinades.



Mrs. Renfro's

Salsa
16 OZ
Selected Varieties

2/\$7



Mi Nina

Corn Tortilla Chips
12 OZ
Selected Varieties
Select Stores

\$3.99



Clint's Salsa

Salsa
16 OZ
Selected Varieties

\$3.99

FIESTA DE CINCO DE MAYO



Casa Mexicana

Seasoning Mix
1 OZ
Selected Varieties

3/\$5



Garden Of Eatin'

Corn Taco Shells
5.5 OZ
Selected Varieties



NEW

\$3.79



Desert Pepper

Salsa
16 OZ
Selected Varieties

2/\$5



On-Time Mixers

Cocktail Mixer
32 FL OZ
Selected Varieties

\$5.99



Jose Cuervo

Margarita Mix
59.2 FL OZ
Selected Varieties

\$6.99



Bravado Spice Co

Hot Sauce
5 FL OZ
Selected Varieties

\$4.99

Bravado Spice Co

Pineapple & Jalapeño
Margarita Mix
32 FL OZ

\$11.99



Siete

Taco Seasoning
1.31 OZ
Selected Varieties

\$2.29



Siete

Tortilla Chips
5 OZ
Selected Varieties

\$4.49



Siete

Cassava Flour
Grain Free
Tortillas
7 OZ

\$8.49



Siete

Hot Sauce
5 OZ
Selected Varieties

\$4.99



Siete

Grain Free
Taco Shells
5.5 OZ

\$5.49

CINCO CON SIETE
Celebrating our Mexican-American culture by sharing heritage-inspired foods for you and your family.

Juntos es mejor

SIETE

GRAIN FREE • DAIRY FREE • PALEO • VEGAN



Sesmark Foods

Rice Thins
3.2 to 7 OZ
Selected Varieties

2/\$5



Dare

Cracker
7 to 8.8 OZ
Selected Varieties

2/\$4



Gimme Organics

Organic
Seaweed Snack
.17 OZ
Selected Varieties

10/\$10



Artisan Tropic

Plantain Strips
Sea Salt
4.5 OZ

2/\$6



Vermont Smoke And Cure

Meat Stick
1 OZ
Selected Varieties

5/\$5



The Daily Crave

Lentil Chips
4.25 OZ
Selected Varieties

2/\$4

Mrs. Wages

Mixes
.8 to 1.5 OZ
Selected Varieties

10/\$10





Tcho Chocolate
Organic Chocolate Bar
2.5 OZ
Selected Varieties
\$2.99



Pitaya
Fruit Bite Size Pieces
12 OZ
Selected Varieties
Select Stores

2/\$7



Popcornopolis
Flavored Popcorn
6.3 OZ
Selected Varieties

\$4.99



No-Bake Cookie Co.
Oatmeal Cookies
7 OZ
Selected Varieties

\$4.99

Midel

Ginger Snaps
8 to 10 OZ
Selected Varieties

2/\$7



Midel

Gluten Free Pie Crust
Graham Style
7.1 OZ

2/\$7



Cheribundi

Juice
32 FL OZ
Selected Varieties

\$7.49



Kitu

Super Coffee
12 FL OZ
Selected Varieties
Select Stores

BOGO

Buy One Get One Free



Illy
Coffee
8.8 OZ
Selected Varieties

\$10.99



Ripple

Dairy-Free Milk
48 FL OZ
Selected Varieties

\$3.99



NEW

Laird Superfood
Creamer
16 FL OZ
Selected Varieties

\$3.99



Topo Chico
Mineral Water
12/12 FL OZ

\$10.99



Topo Chico
Sparkling
Mineral Water
4/12 FL OZ



2/\$7



Topo Chico
Sparkling
Mineral Water
12 FL OZ

4/\$5

Gomacro

Organic MacroBar
2.3 to 2.5 OZ
Selected Varieties

2/\$5

Gomacro

Macrobar
Kids Macrobars
6.3 OZ

\$6.99



Purely Elizabeth

Ancient Grain
Granola
8 to 12 OZ
Selected Varieties

\$5.99



Kate's Real Food

Organic Grizzly Bar
2.2 OZ
Selected Varieties

3/\$5

Rachel's Blueberry Banana Overnight Oats

- 1 bag of Rachel's Original Oats
- 1 carton of vanilla almond milk
- 1 handful of blueberries
- 1 banana sliced
- 1 mason jar with Lid (or resealable container)

Measure 1/2 cup Rachel's Original Oats.
Add 3/4 cup vanilla almond milk. Stir to
blend the oats and almond milk, then
close lid. Soak in the refrigerator overnight.
Top in the morning with a layer of
blueberries + banana slices.



Rachel's

Oats
8 OZ

Selected Varieties

\$4.99

Rachel's





Rao's
Soup
16 OZ
Selected Varieties

2/\$7



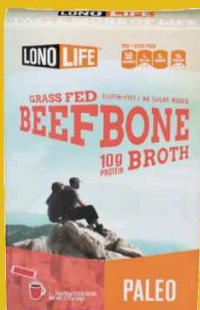
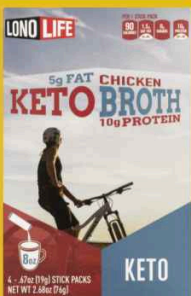
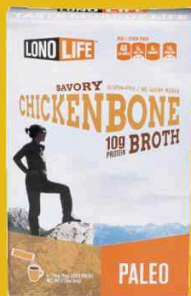
Rao's
Roasted Peppers
12 OZ

\$6.99



Rao's
Pasta Sauce
32 OZ
Selected Varieties

\$8.99



SPRING OUT OF WINTER
WITH GRASS FED
**BONE
BROTH**

POUR



STIR



ENJOY



Lonolife

Bone Broth Sticks **\$5.49**
4/.53 to 4/.67 OZ



Cucina Antica
Pasta Sauce
32 FL OZ
Selected Varieties
\$6.99



Holista
Healthy
Low Glycemic Pasta
14 OZ
Selected Varieties
NEW
2/\$6



De Cecco Pasta
Gnocchi
17.5 OZ
Selected Varieties
2/\$7



Kuhne
German
Barrel Sauerkraut
28.5 OZ
\$3.99

Made from organic corn, brown rice,
and quinoa is 100% compromise free.



Ancient Harvest
Organic Gluten Free
Quinoa Supergrain Pasta
8 to 9.6 OZ
Selected Varieties

organic
2/\$5





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ETHICALLY SOURCED MEATS

with 5g of Protein



ORGANIC SAVORY VEGGIES



CONVENIENT BABY FOOD POUCHES MADE FROM INGREDIENTS YOU CAN TRUST

The **ONLY** low in sugar baby food brand with healthy fats.
Delicious savory flavors that you can feel good about.
100% Certified Organic veggies.

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Serenity Kids

Veggie Pouch
3.5 OZ
Selected Varieties

2/\$4

Serenity Kids

Meat Pouch
3.5 OZ
Selected Varieties

2/\$6



Paleo Powder

Seasoning
2 to 3 OZ
Selected Varieties 

\$5.49



San Francisco Salt Co.

Sea Salt
4 to 5 OZ
Selected Varieties

2/\$7



Natierra

Pink Salt Grinder
3 OZ.....

\$4.99

Natierra

Himalania
Pink Salt Flakes
4 OZ.....

\$8.99

Natierra

Pink Salt
Fine
10 OZ.....

\$9.99

Cappello's

Pizza
11 to 12 OZ
Selected Varieties.....

GLUTEN FREE

\$8.99

CAPPELLO'S

Cappello's is not just making the first-ever almond flour pizza and pasta. They're making them a thing. An uncompromisingly delicious grain free thing.



Cappello's

Naked Pizza Crust
6 OZ

\$6.99

Roasted Corn, Zucchini, & Tomato Pizza



1 Cappello's Naked Crust

1/4 cup grated Parmesan cheese

1/2 zucchini, thinly sliced

1/2 small yellow squash, thinly sliced

3 tablespoons fresh corn kernels

6 cherry tomatoes

2 ounces fresh mozzarella, sliced

1 tablespoon extra-virgin olive oil

sea salt

freshly ground black pepper

optional: fresh basil, red pepper flakes, microgreens

Preheat oven to 425°. Sprinkle Parmesan over the base of the crust. Top with sliced zucchini and squash, corn, cherry tomatoes, and mozzarella. Drizzle pizza with olive oil, and sprinkle with salt and pepper. Bake 14-16 minutes, or until crust is golden and crispy. Remove from oven and garnish with fresh basil, red pepper flakes, and microgreens, as desired.

cappellos.com

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TO MAKE THE HIGHEST QUALITY, most environmentally-sound, humanely-produced products, using profits to enrich people's lives & the world: this is why Dr. Bronner's exists. We call it Constructive Capitalism—sharing our wealth with the people & earth that created it. For we are All-One or None! All-One!



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Organic Shaving Gel
7 OZ
Selected Varieties

\$6.99 

Dr. Bronner's
Castile Liquid Soap
32 FL OZ
Selected Varieties

\$12.99

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