

Dish

September 2020

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All items priced with VIC Savings Card



San-J

Sauce
Selected Varieties
10 FL OZ

2/\$7



Frontera Foods

Enchilada
Sauce
Red Chile
8 OZ

\$2.29



Red Fork

Seasoning Sauce
Selected Varieties
8 OZ

2/\$4



Ka'me

Crackers
Selected Varieties
3.5 OZ

2/\$6



Ka'me

Stir Fry Noodles
Selected Varieties
14.2 OZ

2/\$6



Ka'me

Noodle Bowl
Selected Varieties
3 OZ

2/\$4

Dave's Quick & Easy Lasagna

INGREDIENTS

- 1 jar Dave's Gourmet Red Heirloom Pasta Sauce
- 1 package no boil lasagna noodles
- 1 quart ricotta cheese
- 2 cups shredded mozzarella cheese
- 1 pound of mixed vegetables, sliced thinly & sautéed lightly
- 1 cup shredded parmesan cheese
- Salt and fresh cracked black pepper
- Fresh basil to garnish

DIRECTIONS

1. Preheat oven to 400°F.
2. In a lasagna pan, spread a layer of pasta sauce in a 9x13 pan.
3. Add noodles, ricotta cheese, and vegetables. Salt and pepper the vegetables. Top with more sauce.
4. Keep building layers in this order until there is approximately an inch of space remaining.
5. The last 3 layers should be noodles and sauce topped with shredded mozzarella. Tightly cover with aluminum foil and bake for 45 minutes, depending on the cooking time for the noodles.
6. Remove foil. Top with parmesan and bake uncovered for about 5 minutes until the cheese on the top melts.
7. Garnish with chopped basil.

DAVE'S GOURMET
— Specialty Foods —

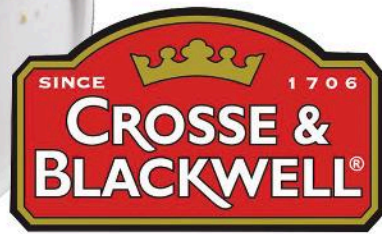


Dave's Gourmet

Organic Pasta Sauce
Selected Varieties
25.5 OZ

\$8.49





Crosse & Blackwell

Chutney
Selected Varieties
9 OZ

\$4.49

CHUTNEY CHEESE SPREAD

- 1 (8 oz.) pkg. cream cheese
- 1 (5.5 oz.) pkg. creamy chevre goat cheese
- 1 (9 oz.) jar Crosse & Blackwell® Major Grey's Chutney
- 1/4 cup chopped dried cherries
- 1 green onion, finely chopped
- 3/4 cup chopped toasted pecans
- Assorted crackers

Beat cream cheese and goat cheese in medium bowl with mixer on medium speed until blended. Blend in chutney, cherries and green onion. Spread in small serving dish. Sprinkle evenly with pecans. Cover and chill until ready to serve. Serve with crackers.



Crosse & Blackwell

Seafood
Cocktail Sauce
12 OZ

2/\$4



Organico Bello

Organic
Pasta Sauce
Selected Varieties
25 OZ

\$5.99

WHOLE
30
approved

No
Sugar
Added



Organico Bello

All organic pasta sauces
made from only
clean ingredients:
as healthy as nature
intended





Buffalo Roasted Cauliflower

2 tbsp. melted ghee
2 tbsp. The New Primal Noble Made Medium Buffalo Sauce
1 tsp. minced garlic
1 head cauliflower, core removed, chopped into bite-sized florets
1/2 tsp. sea salt
paleo ranch dressing, optional, for serving

Preheat oven to 375 F. Line a large baking sheet with parchment paper. Combine the ghee, Noble Made Medium Buffalo Sauce, and minced garlic in a small bowl and mix until the ingredients are well-incorporated. Place the cauliflower florets in a large bowl and toss with the sauce mixture until all the florets have about equal amounts of sauce on them. Spread the cauliflower on the lined baking sheet and sprinkle with the sea salt. Bake for about 30 to 35 minutes, until the cauliflower is easily pierced with a fork but not burned or mushy. Serve with paleo ranch dressing, if desired.



PALEO



The New Primal

Dipping & Wing Sauce
Selected Varieties
12 OZ

\$6.99



4th & Heart

Ghee Butter
Selected Varieties
9 OZ

\$12.99



Sir

Kensington's

Mayo
With Avocado Oil
16 FL OZ

\$8.49



Kuhne

Barrel
Sauerkraut
28.5 OZ

\$4.49



Kuhne

Barrel
Pickles
34.2 OZ

\$5.99



Sir

Kensington's

Organic Mayo
16 FL OZ

\$7.99



Truroots

100% Organic
Trio Sprouted
Quinoa
8 OZ

\$4.99



Schar

Ciabatta or
Multigrain Ciabatta
Bread
7 OZ

\$5.49

NEW



Sir

Kensington's

Sauce
Selected Varieties
8.3 FL OZ

\$5.49

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ladder or looking to tear it
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- Protects colors so clothes look new longer
- Can be used in front- or top-load washing machines



Carbona

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30 CT

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Artesian Water
Alkaline Spring Water
Original
1.5 LTR

2/\$4



Zico
Coconut Water
Coconut Water
Natural
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2/\$4



Aspire
Sparkling
Beverages
Selected Varieties
12 OZ

3/\$5



Cannonborough
Beverages
Selected Varieties
4-12 FZ

\$5.99



**All items
priced with
VIC Savings
Card**



Brazi Bites
Gluten Free Brazi
Bites Empanadas
and Cheese Bread
Selected Varieties
10 to 11.5 OZ

\$4.69



GLUTEN FREE

Lesser Evil

Organic Paleo Puffs
Selected Varieties
5 OZ

\$3.99

organic



Desert Pepper Trading Co.

Salsa
Selected Varieties
16 OZ

BOGO

Buy One Get One Free



Vermont Smoke And Cure

Beef & Pork Stick
Selected Varieties
1 OZ

2/\$3



Chuao

Chocolatier

Chocolate Bars
Selected Varieties
2.8 OZ

\$4.29



Ava Organics

Coconut
Crispy Rollers
Selected Varieties
2.8 OZ

\$3.99



NEW

Bahlson Bailey's

Coco Leibniz
4.8 OZ

\$3.99

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premium chocolate • made in USA

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All items priced with VIC Savings Card



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NEW

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Superfood
Creamer
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\$6.99



R.W. Knudsen

Just Juice
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32 FL OZ

\$7.49



NEW

Rise Brewing Co.

Nitro Cold Brew Coffee
Selected Varieties
7 FL OZ

2/\$4



Pure Intentions
Coffee

Coffee
Selected Varieties
12 OZ

\$8.99

NEW



Pukka Herbal Teas

Organic Tea
Selected Varieties
20 BAG

\$5.49



Bob's Red Mill

Granola
Selected Varieties
11 OZ

\$5.99



Bonne Maman

Preserves
Selected Varieties
13 OZ

\$3.99



Barney Butter

Almond Butter
Selected Varieties
10 OZ

\$7.99

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