Hand cooked quality potatoes to crisp perfection, before flavouring them with a unique blend of roasted barley and hops. The result is a mouth-watering crisp with the bitter sweet flavour of the iconic Irish stout.

Guinness
Chips
5.3 OZ
Selected Varieties
2/$7

Dare
Crackers
7 to 8.8 OZ
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Olives
6 to 6.4 OZ
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Navy Hill
Soda Tonic
4/8.45FZ
Selected Varieties
$5.99

Itoen
Organic Green Tea
16.9 FL OZ
Selected Varieties
2/$3

The Navy Hill G & T
What You’ll Do:
1 part gin (vodka can also be used)
1 part Navy Hill Juniper soda + Tonic
or Navy Hill Original Soda + Tonic
cucumber
basil leaves
What You’ll Do:
Muddle several basil leaves and
cucumber slices in the bottom of your
glass. Add crushed ice, gin, your favorite
Navy Hill sonic and stir. Spear a few
basil leaves and a cucumber slice
for garnish!

The Navy Hill Paloma
What You’ll Do:
1 part tequila
1 part freshly squeezed lime juice
1 part fresh ruby red grapefruit juice
1 part Navy Hill Original Soda + Tonic
sprig of thyme for garnish
What You’ll Do:
Mix all of the ingredients and serve
over crushed ice with a fresh sprig
of thyme for a fun twist.
Optional: add a salted rim!
Think!
Protein & Fiber Oatmeal Cups
1.76 OZ
Selected Varieties
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Bobo's
Toasters
6.6 OZ
Selected Varieties

NEW

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Vibrant Oats
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Selected Varieties
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All Natural Oat Bars
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Selected Varieties

NEW

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10 OZ
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$5.99

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24 OZ
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Bob's Red Mill
Extra Thick Rolled Oats
32 OZ
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Purely Elizabeth
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NOTHING ARTIFICIAL
KETO FRIENDLY

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Pure Almond Extract
2 OZ

$5.29

 Nielsen-Massey
Vanilla Extract
Pure
2 Fl. OZ

$9.49

 Nielsen-Massey
Madagascar Bourbon Vanilla Beans
2 CT

$15.99

Banana Bread
Breakfast Cookies

 Nielsen-Massey
Pure Vanilla Bean Paste
2 Fl. OZ

$12.49

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PURE VANILLA BEAN PASTE

Home bakers have a friend in the kitchen with Nielsen-Massey Pure Vanilla Bean Paste. Conveniently add rich, complex vanilla flavor and real vanilla specks to recipes like crème brûlée, cakes, cookies and more. Vanilla bean paste can be substituted 1:1 for vanilla extract in any recipe.

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Organic Sugar
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Tapioca Flour
16 oz

Gluten Free Oat Flour
18 oz

Cassava Flour
20 oz

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Super-Fine
16 oz

**Midel**
Gluten Free Pie Crust
Graham Style
7.1 oz

2/$7

Vegan Gluten-Free Avocado Key Lime Pie

3 ripe avocados, halved, pitted and peeled
1/2 cup maple syrup
1 tbsp key lime zest
1/4 cup key lime juice
3 tbsp coconut oil, melted and cooled
1 Mi-Del Gluten Free Graham Style Pie Crust
1 1/2 cups dairy-free whipped topping

In food processor, mix together avocados, maple syrup, lime zest, lime juice and coconut oil until blended. Spoon filling into pie crust. Refrigerate for 45 to 60 minutes or until set. To serve, top pie with whipped topping.

**Tip:** Substitute regular lime for key lime; if desired.

[www.midelcookies.com](http://www.midelcookies.com)
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Selected Varieties
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12 FL OZ
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Deviled Eggs with Shrimp

½ cup chopped cooked shrimp
2 Tbsp. fresh lemon juice
8 large eggs
3-4 Tbsp. Legal Seafoods House Tartar Sauce
1 tsp. honey

Put the chopped shrimp into a glass bowl. Cover with lemon juice and toss. Set aside. Place the eggs in a medium saucepan and cover with water. Bring to a boil. Reduce the heat slightly to a slow boil and cook for 11 minutes. Remove eggs, crack slightly and run under cold water. Peel and halve the eggs. Scoop out the cooled yolks and place in a bowl. Mash yolks with 3 tablespoons of tartar sauce and the honey. Add additional tartar to taste, or if the mixture seems dry. Drain the chopped shrimp and gently combine them into the yolk mixture. Stuff the whites with the shrimp and yolk mixture, garnish with chopped chives, cover with plastic wrap and place in the refrigerator to chill before serving.

www.stonewallkichen.com

Legal Sea Foods
Spicy Cocktail Sauce
8.75 OZ
$3.99

Legal Sea Foods
Chipotle Tartar Sauce
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Legal Sea Foods
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Cappello's ALMOND FLOUR CRUST
Clean Eating Starts With Pizza

Certified
Gluten-Free
Naked Crust
Grain Free
Protein
4.19g
Per Serving
GOAN COCONUT BUTTERNUT SQUASH SOUP

INGREDIENTS:
1 16-oz package frozen butternut squash puree
2 cup frozen peas
1 container Maya Kaimal Goan Coconut
1 1/2 cup water
2 tablespoons chopped, fresh cilantro (optional)
Curry Leaf and Mustard Seed Tarka (optional)

RECIPE:
Combine the squash puree, Maya Kaimal Goan Coconut and water in a soup pot. Cook over low heat, stirring occasionally, until the mixture is thoroughly hot.
Season with salt to taste.
Ladle into soup bowls. If you like, garnish with chopped, fresh cilantro or with Curry Leaf and Mustard Seed Tarka.

INSPIRED INDIAN FOOD

www.moyakaimal.com

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